



CONTACT INFO



MBD, Ruwi, Musqat



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LANGUAGES

English: Excellent

Urdu: Native

Sabeen Afzaal

EXECUTIVE SUMMARY

- 15+ years' experience of teaching with a strong foundation in the fundamentals of Physical & Human Geography with applied GIS & RS to Higher Secondary & A level and Graduate students. It cultivating excellence in every learner and creating a lively and enthusiastic classroom-learning environment.
- My expertise in planning and implementing tailored lessons, preparing course materials and evaluating class and final exam assessments with lab work.
- It is a full time position that offers professional challenges, utilizing inter personal skills, excellent time management and problem solving abilities with hard work and passion contribute the team's success in achieving goals.

WORK EXPERIENCE

Assistant Professor of Geography

05/2020 – 07/2024

Department of Geography, Govt. Viqar-Un-Nisa Graduate College for Women, Rawalpindi (Pakistan)

- Teaching Geography to Higher Secondary & A level and Graduate level
- Evaluated papers, projects and assignments of students
- Applied GIS & RS tasks and research work
- Developed comprehensive assessment tools to gauge student progress accurately throughout their course work
- Prepared necessary notes, reference materials, presentations and audio video aids to understand concepts with ease and retain interest in class room

Lecturer in Geography

04/2009 - 05/2020

Department of Geography, Govt. Viqar-Un-Nisa Graduate College for Women, Rawalpindi (Pakistan)

- Arranged syllabus, developed Schedule and determined Reading list for varied courses simultaneously giving students appropriate time to complete assignments and absorb information
- Evaluated and revised lesson plans and course content to achieve student-centered learning and projects of Applied GIS & RS
- Adopted quickly to shifting landscapes during remote learning periods, leveraging digital tools to engage students via virtual platforms while maintaining a high level of academic rigor

Lecturer in Geography

10/2008 - 03/2009

Department of Geography, Govt. College University Faisalabad (Pakistan)

- Cultivated critical thinking skills through challenging assignments that required analysis, synthesis and evaluation of information through various resources
- Participated in conferences and professional development opportunities to stay up-to-date with latest trends in fields
- Mentored and advised students to explore career pathways based on knowledge, skills and strengths

School Teacher

08/2007 - 07/2008

Department of Geography, Lahore Grammar School (Pakistan)

- Teaching Geography to O & A level classes
- Organized and managed class room resources
- Created and administered formative and summative assessments
- Encouraged students to develop geography literacy and global awareness

Secrecy & Examination Conduction Department, BISE Rawalpindi (Pakistan) & Department of Examination, University of the Punjab, Lahore (Pakistan)

- Evaluation of answer scripts of Annual Examination as External Examiner
- As Superintendent to conduct Annual examination of respective centers
- As Mobile inspector to inspect the exams at respective centers

Administrative Duties during Service

2009 - 2024

- Key member of Examination Committee to prepare award lists and results
- Key member of Discipline Committee
- Key member for students career consultation Department

ACADEMIC BACKGROUND

Master of Philosophy (Environmental Sciences) Expected to complete till 2025

Department of Environmental Sciences AIOU, Islamabad (Pakistan)

Masters of Geography (Gold Medalist) 2008

Department of Geography, University of the Punjab, Lahore (Pakistan)

Bachelors & Masters of Education (B.Ed & M.Ed) 2015 & 2021

Department of Education, University of the Punjab, Lahore (Pakistan)

Bachelors of Science (B.Sc) 2005

University of Sargodha, Sargodha (Pakistan)

CERTIFICATES

National Environmental Mela 27th April 2024

Organized by NCPC with collaboration with CDA, PEPA, IRM and AITAA Pakistan Chapter

20th International Congress of Soil Sciences 20-22nd February 2024

Oral Paper presentation on Compensatory response of maize seedlings to Tropospheric Ozone with 2h, 4h and 6h respectively at PMAS-Arid Agriculture University, Rawalpindi

12th All Pakistan Geographical Conference 19-21st March 2007

Department of Geography, University of the Punjab, Lahore

Special Children Welfare Mela 09-10th March 2006

Department of Special Education, University of the Punjab, Lahore

RESEARCH WORK

- "Compensatory response of maize seedlings to Tropospheric Ozone with 2h, 4h and 6h respectively"
- "Spatial and Temporal Assessment of Black Carbon over Pakistan from 1980-2023"
- "Assessing of impact of Climate Change on Lal Sohanra Biosphere Reserve (Pakistan) using Satellite data"
- LULC change At Gwadar District (Pakistan) 1994-2024